Information 服务信息

• Reservations 预约

Advance reservations are recommended as appointments are subject to availability. A credit card number is required at the time of booking to secure the appointment.

建议您提前预约所需护理项目,我们十分乐意通过您的信用卡号帮您确认预约。

• Check-in 抵达

Please check in at St. Gregory at least 15 minutes prior to your scheduled appointment.

预约完成后,建议您至少提前15分钟到达,以便我们做好充分准备为您服务。

• What to Bring 准备

Most personal amenities and toiletries are provided. You may wish to bring along your swimwear if you are using the Day Spa facilities. 我们将为您准备好相关客用品,如浴巾、浴袍、拖鞋等;若您希望使用健身中心设施,请携带泳衣。

• Cancellation Policy 取消预约

We understand that occasionally you may have to cancel an appointment with us. When this occurs, please inform us 24 hours in advance. Guests who cancel or reschedule their appointments less than 24 hours from their appointment dates will be charged 50% of the requested service fee. The full charge will automatically be imposed in the event of a no-show.

若您需要取消预约,敬请提前24小时致电通知我们;若少于24小时通知取消或变更预约,我们将收取全额的50%作为取消补偿费;若没有提前通知取消预约或没有应约,我们将收取全额的100%作为取消补偿费。

• Late Policy 延迟抵达

We strongly encourage that you arrive on time for your appointment. In the event that you are late, you may choose to receive:

- The treatment for the remaining time booked
- An alternative treatment when available

我们建议您如约准时抵达, 如延迟抵达:

护理师或会视延迟具体情况而缩短疗程时间;

我们将非常愿意为您重新安排护理时间。

• Opening Hours 营业时间

Monday to Sunday: 10:00am to 10:30pm

周一至周日 上午10:00 - 晚上10:30





理疗 . 健身 . 美容 . 养生

FACIALS / 面部护理

St. Gregory Moisturising Facial 圣葛俪凝亮保湿充氧护理	70 mins	¥ 680.00
St. Gregory Nourishing Radiance Facial 圣葛俪能量和谐舒纹护理	70 mins	¥ 680.00
Thalgo Cold Marine Treatment 岱蔻儿舒敏冷疗护理	70 mins	¥ 680.00
Thalgo Micronised Marine Algae Treatment 岱蔻儿微细海藻护理	70 mins	¥ 680.00
Thalgo Clear Expert Brightening Treatment 岱蔻儿焕彩透白护理	90 mins	¥ 980.00
Thalgo Thalgogive Firming Treatment 岱蔻儿亮采抗皱护理	70 mins	¥ 980.00
Thalgo Collagen Velvet Eye Treatment 岱蔻儿胶原眼部护理	70 mins	¥ 580.00



MASSAGES / 按摩护理

St. Gregory Aromatic Body Bliss Massage 圣葛俪舒缓按摩	50 mins	¥ 680.00
Shiatsu Massage 日式指压	50 mins	¥ 680.00
Deep Tissue Massage 深层组织按摩	50 mins	¥ 680.00
Anti-Stress Massage 解压按摩	30 mins	¥ 380.00
Scalp Massage 头部按摩	30 mins	¥ 280.00

TRADITIONAL CHINESE THERAPY / 传统中式护理

Tui Na Massage 中式推拿	50 mins	¥ 580.00
Ba Guan Therapy 拔罐	30 mins	¥ 200.00
Gua Sha Therapy 刮痧	30 mins	¥ 200.00
Traditional Chinese Foot Reflexology 传统中式足部反射按摩		¥ 180.00 ¥ 360.00
BODY SCRUBS / 身体去角质护理		
BODY SCRUBS / 身体去角质护理 St. Gregory Sea Salt Scrub 圣葛俪海盐去角质	25 mins	¥ 380.00
St. Gregory Sea Salt Scrub		¥380.00 ¥380.00

BODY CARE / 身体护理

St. Gregory Bust Firmness Intensive Treatment 圣葛俪美胸丰挺疗程	60 mins ¥ 680.00
Thalgo Marine Algae Body Wrap 岱蔻儿微粒海藻循环护理	90 mins ¥ 1280.00
Thalgo Indocéane Body Wrap 岱蔻儿海洋舒活身体护理	120 mins ¥ 1280.00

